



Harvest Festival 2017



Thank you everyone for your amazing support with Harvest Festival donations.

This year, St Petrock's and Exeter Foodbank are sending this joint flyer to help co-ordinate resources and ensure that your harvest gifts reach local people where they are most needed.

Please use the lists of 'needed items' for each charity given below to gauge how you can best support them this harvest. Every item will be used to support a local person in need - and will be greatly appreciated!



Exeter Foodbank provides emergency parcels of non-perishable food to local people in crisis via a voucher-referral scheme.

In 2016/17, we supplied 3 days' worth of food to **5,178 people** from a wide range of backgrounds (of whom 1,615 were children).

UHT/Longlife Milk—1L, <i>semi-skimmed</i>	Noodle/pasta snacks
Tinned vegetables	Longlife fruit juice—1L
Instant coffee	Tinned fish
Teabags	Rice—500g
Sugar— <i>granulated</i>	Tinned potatoes
Sponge puddings	Custard—tin / carton
Pasta sauce	Jams & spreads
Tinned meat	Squashes & cordials
Tinned fruit	Tinned tomatoes
Tinned rice pudding	Biscuits

Please contact Mark Richardson, Foodbank Manager on 07818 226524 / info@exeterfoodbank.org.uk if you would like a talk about the work of the foodbank, or to arrange a collection.

To aid transportation (and save our volunteers' backs) please place items in **carrier bags or small boxes** prior to collection.



Please note that, unfortunately, neither Exeter Foodbank nor St Petrock's are able to accept **any fresh produce**. **If you wish to donate perishable items, please contact the following organisations:**

Apples (individuals): Kenniford Farm 01392 875938
Apples (orchards): Darts Farm 01392 878200
Any other fresh fruit/veg/chilled items: Exeter Food Action
exeterfoodaction@gmail.com 07880 814064

Thank you for your understanding & support!

St Petrock's

provides a range of emergency, advice & support services to aid local people who are homeless or vulnerably housed.



In 2016/17, our centre kitchen served around **10,000 cooked breakfasts & lunches** to people without a home. Can you help us continue this vital service by donating any of the following items?

Tinned items:

Baked beans
Ravioli
Macaroni Cheese
Tinned tomatoes
Tinned vegetables; *(peas, carrots, potatoes, sweetcorn)*
Tinned fruits
Rice pudding
Tinned custard
Condensed milk
Evaporated milk
Corned beef
Tinned ham
Tinned meats – *steak/mince*
Fray Bento's meat pies
Tinned fish – *tuna*

Mint/apple sauce
Stuffing mixes
Branston Pickle
Mustards
Mayonnaise
Tomato ketchup
Brown sauce
Marmalade
Strawberry jam
Peanut butter
Cereals
Pasta sauces
Custard powder
Biscuits (sweet)

Cleaning items:

Anti bac hand soap
Bleach
Biological Washing powder
Hand sanitiser
Solid air fresheners
Anti bac spray
Anit bac wipes
Rubber gloves M/L
Baby wipes
Pocket tissues
Tea towels

Packaged Items:

Sugar – granulated/castor
Instant Coffee
Teabags
Hot Chocolate
Cup a Soups
Longlife fruit juices
Fruit squash
Herbs/spices
Marmite/Vegemite
Stock cubes – *beef/chicken/vegetable*
Instant gravy mix

Wet/dry dog food
Dog treats

If you would like a talk about our work, or to arrange a collection, please contact Gill on gill@stpetrocks.org.uk / 01392 422396.