

## **Harvest Festival 2017**

Thank you everyone for your amazing support with Harvest Festival donations.

This year, St Petrock's and Exeter Foodbank are sending this joint flyer to help co-ordinate resources and ensure that your harvest gifts reach local people where they are most needed.

Please use the lists of 'needed items' for each charity given below to gauge how you can best support them this harvest. Every item will be used to support a local person in need - and will be greatly appreciated!



Exeter Foodbank provides emergency parcels of non-perishable food to local people in crisis via a voucher-referral scheme.

In 2016/17, we supplied 3 days' worth of food to 5,178 people from a wide range of backgrounds (of whom 1,615 were children).

UHT/Longlife Milk—1L,

semi-skimmed

Noodle/pasta snacks Longlife fruit juice—1L

Tinned vegetables

Tinned fish

Instant coffee

Rice-500g

Teabags

**Tinned potatoes** 

Sugar—granulated

Custard—tin / carton

Sponge puddings Pasta sauce

Jams & spreads

Squashes & cordials

Tinned meat Tinned fruit

Tinned tomatoes

Tinned rice pudding

**Biscuits** 

Please contact Mark Richardson, Foodbank Manager on 07818 226524 / info@exeterfoodbank.org.uk if you would like a talk about the work of the foodbank, or to arrange a collection.

To aid transportation (and save our volunteers' backs) please place items in carrier bags or small boxes prior to collection.

Please note that, unfortunately, neither Exeter Foodbank nor St Petrock's are able to accept any fresh produce. If you wish to donate perishable items, please contact the following organisations:

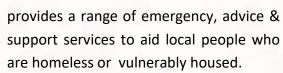
Apples (individuals): Kenniford Farm 01392 875938 Apples (orchards): Darts Farm 01392 878200

Any other fresh fruit/veg/chilled items: Exeter Food Action

exeterfoodaction@gmail.com 07880 814064

Thank you for your understanding & support!

## St Petrock's





In 2016/17, our centre kitchen served around 10,000 cooked breakfasts & lunches to people without a home. Can you help us continue this vital service by donating any of the following items?

**Tinned items:** Mint/apple sauce Baked beans Stuffing mixes Ravioli **Branston Pickle** Macaroni Cheese Mustards Tinned tomatoes Mayonnaise Tinned vegetables; Tomato ketchup (peas, carrots, potatoes, Brown sauce sweetcorn) Marmalade **Tinned fruits** Strawberry jam Rice pudding Peanut butter Tinned custard Cereals Condensed milk Pasta sauces Evaporated milk Custard powder Corned beef Biscuits (sweet) Tinned ham

Tinned meats – steak/mince Fray Bento's meat pies Tinned fish – tuna

Packaged Items:

Sugar – granulated/castor

**Instant Coffee Teabags Hot Chocolate** Cup a Soups

Longlife fruit juices Fruit squash

Herbs/spices Marmite/Vegemite

Stock cubes - beef/chicken/

vegetable Instant gravy mix

## Cleaning items:

Anti bac hand soap

Bleach

Biological Washing powder

Hand sanitiser Solid air freshners Anti bac spray Anit bac wipes Rubber gloves M/L Baby wipes Pocket tissues Tea towels

Wet/dry dog food Dog treats

If you would like a talk about our work, or to arrange a collection, please contact Gill on gill@stpetrocks.org.uk / 01392 422396.